



BHAVESH R. PATEL, M.D.

DR. BHAVESH R. PATEL is the founder and president of Interventional Spine & Sports Medicine, PC. He has been treating patients in the Greater Waterbury area for more than 15 years, founding his solo practice in 2010 to reflect his belief in more personalized nonoperative spine and orthopedic care. Dr. Patel did his residency in physical medicine and rehabilitation at Temple University School of Medicine and a fellowship in Interventional Spine & Sports medicine at New York City's world-renowned Spine Institute at Beth Israel Medical Center. He is assistant professor at Quinnipiac University Frank H. Netter School of Medicine.

He is board-certified in physical medicine and rehabilitation as well as pain medicine. His treatment philosophy is to help his patients avoid surgery whenever possible, using a multidisciplinary nonsurgical approach to treat spine and orthopedic conditions.

His goal is to help patients suffering from a broad range of

spinal and orthopedic conditions to help eliminate pain and restore function using the most current conservative treatment options. He often combines analgesic medications, physical therapy, exercise and X-ray guided therapeutic spinal injections to decrease pain and inflammation. So patients may benefit and progress in physical therapy and/or self-directed home exercise program. Dr. Patel also offers his patients ultrasound guided peripherical joint injections and plasma rich protein (PRP) injections for tendon and joint pain. He is also now offering Botox injections for migraine headaches. "The most rewarding aspect of my work is enabling my patients to improve the day to function and lessen their pain," he says

He strives to be accessible, seeing emergency patients within 24 to 48 hours. Patients in extreme pain appreciate the care and attention they receive from the entire staff. He will be seeing patients in his new Farmington Office.

HOSPITALS

Saint Mary's Hospital

Waterbury Hospital

Yale-New Haven Hospital

PROFESSIONAL AFFILIATIONS

Spine Intervention Society

American Academy of Physical Medicine & Rehabilitation

INTERVENTIONAL SPINE & SPORTS MEDICINE, PC

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